

# **Wednesday Prayer Priority**

## **SEPTEMBER 2, 2015**

**We know that God has NOT given us a spirit of fear!  
2 Timothy 1:7**

**As we resist fear, meditate upon these precious promises:**

- “The Lord is my light and my salvation — whom shall I fear? The Lord is the stronghold of my life — of whom shall I be afraid? Psalm 27:1 NIV
- I am leaving you with a gift — peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. John 14:27 NLT
- Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. Matthew 11:28-30 ESV
- Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. John 14:27 ESV
- I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth. He will not let your foot be moved; he who keeps you will not slumber. Behold, he who keeps Israel will neither slumber nor sleep. The Lord is your keeper; the Lord is your shade on your right hand. The sun shall not strike you by day, nor the moon by night. The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and forevermore. Psalms 121:1-8 ESV

“Oh Christ Jesus, when all is darkness and we feel our weakness and helplessness, give us the sense of your presence, Your love, Your strength. Help us to have perfect trust in your protecting love and strengthening power, so that nothing may frighten us or worry us, for living close to You, we shall see your hand, your purpose, and your will through all things. St. Ignatius of Loyola

## **We rebuke the Spirit of fear and ask God to:**

1. Restore the fear of the Lord. May all fear and anxiety be replaced by a vision of God's awesome power.
  - In the fear of the Lord there is strong confidence, And his children will have refuge. Proverbs 4:26 NASB
2. Restore restful sleep.
  - He gives His beloved sleep.  
In peace I will both lie down and sleep. For You alone, O Lord, make me to dwell in safety. Psalm 4:8 NASB
  - He sets us free from the vanity of restless nights!  
It is vain for you to rise up early, to retire late, to eat the bread of painful labors; For He gives to His beloved even in his sleep. Psalm 127:2 NASB
3. Restore a sense of hope and security.
  - "Since God is for us, who can be against us?"  
What then shall we say to these things? If God is for us, who is against us? He who did not spare His own Son, but delivered Him over for us all, how will He not also with Him freely give us all things? Romans 8:31, 32 NASB
4. Restore the realization that we are safe in Father's care.
  - Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not worth much more than they? Matthew 6:26 NASB

Dear Jesus,

I need you to help me, for I am full of stress and anxiety. I lay my burdens, one by one, at your feet and trust you for rest. Replace my fears with your calming word.

I know you can keep me safe. I know you will provide everything I need, because you my shepherd. Your yoke is easy and your burden is light. Give me rest and freedom from fear, in Jesus Name.